

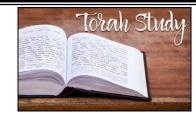
# TEMPLE ISAIAH BULLETIN

Office - 516-487-5373, email: isaiahgn@yahoo.com

July 2022

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**Torah Study** will resume in September

## **Meals with Friends**

It's Summer and the Days are long! It's a perfect time to meet with friends over a delicious meal.

A few generous members of Temple Isaiah have offered to invite you over for a special summer Lunch or Dinner.

## <u>RSVP: to Terry Joseph - 516-238-5981 ASAP</u> as there is limited seating

The first Dinner is **July 14<sup>th</sup> at 6:30am** for a 4 course meal \$75 for a seat around the table. Host: Terry Birnbaum-Horton

2 Additional meals are planned with dates & times to follow. Please make checks out to Temple Isaiah.

Please call Terry Joseph if you are interested in hosting a lunch or dinner.

## Save the Dates for the Remainder of 2022

Luncheon honoring Terry Binbaum-Horthon September 11th

> Games Day October 23rd -

Bazaar November 11th, 13th and 14th

Holiday Bake Sale Dates TBD, for Thanksgiving and Hanukkah

> Holiday Auction December 11th

Events further in the future: Reverse raffle with Entertainment Passover bake sale Gala honoring Rabbi

## RABBI'S COLUMN

Each week during our Shabbat evening service, there is a favorite song that we all love singing, and I think we might want to understand the meaning a little better. That prayer of course is the **V'shamru**, and we sing it with glee each week. That particular *t'filah* (prayer) actually comes directly from the Torah (Exodus 31:16-17) and says,

(16) The Israelite people shall keep the sabbath, observing the sabbath throughout the ages as a covenant for all time: (17) it shall be a sign for all time between Me and the people of Israel. For in six days the LORD made heaven and earth, and on the seventh day God ceased from work and was refreshed.

The English translation is quite beautiful and tells us to observe the Shabbat as a covenant for all time, a **B'rit Olam**. Very fitting for a Shabbat eve-

ning and a favorite among our congregants, but there are some more words in need of a newer translation. The last verse says "God ceased from work and was refreshed" can be seen in in different ways.

The words, *Shavat VaYi-nafash* – rested and was refreshed seem pretty straight forward, but the Hebrew itself tells a different story. They can also be read as **rest and you will be re-souled** (a nefesh is also a soul or body in Hebrew) or better yet, in an interpretation by Rabbi Asher Knight, he reads it as, **"be still and breathe again".** What an amazing concept, be still and begin the process of breathing.

Rabbi Alan Lew suggests that "We've talked ourselves into believing that we can solve any problem, overcome any obstacle, if we just do more...if we just think about it long and hard enough, if we just try a little harder. We think that ceaseless work will define our success." But friends, it ends up being the exact opposite, and we all need to **Shavat VaYi-nafash**, we all need to rest, renew and breathe deeply so that our bodies, minds and spirits can become revitalized.

In her article **"Powering Down" by social worker, Jennifer Bleyer in** *Tablet Magazine, she says that,* Shabbat is like exercising. **You avoid it.** You groan about it. You think of a million other things you would rather do. Finally, you drag yourself to do it and you feel amazing. You vow that you will keep doing it over and over again and become a whole new super healthy glowing you. You approach Oprah-ish levels of inner calm and rejuvenation. And you may just feel so present that you forget about your plugged-in life altogether. It's a religious ritual that even an atheist can love.

Bleyer suggests that we all need to rest, to rejuvenate ourselves, to breathe a little, and so too, do I. This summer, besides thesis writing and comprehensive exams, Arlyn and I will be taking some time to **be still and to breathe**. We will be getting out of town for a little bit and just spending some time together *Shavat'ing and VaYinafash'ing*, and something that I would suggest for all. We need a little break, and don't worry, I will be around working on the High Holy Days (yes, I did just say that), leading a Shabbat service or two and other new and interesting programming at TI, and yet, I look forward to the rest.

Wishing everyone a restful, safe and healthy summer.

Rabbi Gerry



## **P**RESIDENT'S COLUMN

In the old days, when we were tenants in the Community Church, summer services were always held in congregants' homes. I'm told, although it may be apocryphal, that it was because the church had no air conditioning. When we finally had a home of our own, it made sense to use it as much as possible, so home-based summer services came to an end. A logical decision, to be sure, but I've always felt that we lost some of the intimacy that was unique to Isaiah.

This year, at the first Board meeting I chaired, I proposed that we experiment with two home-based summer services: one in July and one in August. If you've never hosted a service in your home, think about volunteering to do it this summer. It's easy, there's no great expense or effort involved, and we can arrange for someone else to conduct it if you'd rather not do it yourself.

So you're wondering why my first Bulletin article is a request for help? I guess I'm one of the old timers who tends to view Isaiah as the DIY temple, and to see our strength in everyone rolling up their sleeves and pitching in. As with many of us, my kids are grown and living lives that don't much include Isaiah, but I'm still here. It's my home. Let it be yours, too.

Lloyd Perell

Wishfamily, friends and business associates **A Sweet and Happy New Year** with an 8 oz. giftjar of Kosher **Horey** Your cost is \$14.00 per jar, including shipping to anywhere in the U.S.A. **Vour purchase benefits Temple Isaiah of Great Neck** To order honey, visit <u>https://orthoney.com/TIG</u> and click on the honey link. Order online by August 1<sup>st</sup> to avoid a \$6.50 per jar shipping surcharge.

## The Temple Isaiah Book Group

The Temple Isaiah Book Group takes a break from Jewish themed books in the summer and chooses whatever book captures its attention.

This summer the book will be Dear Edward by Ann Napolitano. It is based on a true story of a young boy who is the sole survivor of a plane crash. The reviews say that *Dear Edward* is at once a transcendent coming-of-age story, a multidimensional portrait of an unforgettable cast of characters, and a breathtaking illustration of all the ways a broken heart learns to love again.



Everyone is welcome to join the discussion on the evening of July 20th at 7:30pm, most likely on Zoom. For more information and to RSVP, contact Shelley Sherman at <u>seeshell98@yahoo.com</u>.

# WEEKDAY EVENING SUMMER SERIES

We Jews Love to talk, so it is hard to imagine a time when we didn't - but there was! **THE SILENT ERA**, that golden age of cinema before talking pictures.

Join Temple Isaiah's film maven **DAVID AUBREY**, this summer as we explore the surprisingly rich history of Jews on the silent screen –

The thrills, laughter and Yiddishkeit that came before The Jazz Singer changed everything!

## DATES WILL BE ANNOUNCED IN EMAIL \$10 PER MOVIE \$25 FOR THE SERIES OF THREE

SNACKS WILL BE INCLUDED

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## Jewish Heritage Night & Sunday Family Funday

Jewish Heritage Night/Pregame Catch on the Field and postgame Kids Run the Bases, courtesy of Bethpage Federal Credit Union



Sunday, August 28th Game starts at 5:05pm

Temple Isaiah Brotherhood has reserved a suite for Jewish Heritage Night. Look in the August Bulletin for more information and to RSVP

## **MEMORIAL PLAQUE** Order today in time for Yom Kippur

Remember your loved one in perpetuity with a solid bronze



Orders placed by Friday, July 22th will be received in

### For more information contact the office at isaiahgn@yahoo.com

#### ORDER AN ENGRAVED PLAOUE TO HONOR AND REMBEMBER YOUR LOVED ONE

It is deeply rooted in Jewish tradition to place in the sanctuary of the synagogue a plaque with the names of loved ones who have passed away. Once a plaque is dedicated, it becomes a permanent memorial. The Yahrtzeit lights will be illuminated on the yahrtzeits of your loved one's death and at Yizkor services throughout the year. The cost per plaque is \$700.

Your Name:		Phone Number:	
Address:			
Name of deceased:		Relationship:	
	Date of Death:		
Name of deceased:		Relationship:	
	Date of Death:		
I wish to reserve a space fo	r use in the future to be group	ed with currently ordered plaques.	(# of spaces)

Please return form and payment to Temple Isaiah. Please note that all credit card charges have a 3% administrative fee.

heimer's disease

# **Northwell** Health<sup>®</sup>

The Feinstein Institutes for Medical Research at Northwell Health, is seeking volunteers for a variety of research projects regarding Alz-

The studies are for both people with Alzheimer's disease and their caregivers. If you are interested in learning more, please reach out to the Temple office, visit Clinical trials Northwell Health to see all research opportunities, or contact Elena Herrero at 516-562-3492.

# I can donate money, even pay my Membership Dues pledge, *AND* save money? Tell me more!

If you're 70 1/2 or older, you're required to take a minimum distribution from your IRA each year. Those funds will count as income and be subject to income tax.

## But there is a tax-free exception you should know about.

You can make a charitable contribution directly from your IRA account to Temple Isaiah without the gifted funds counting as income or being taxed. Not only will you save on federal income tax, but you may save on state and local taxes as well.

## Do something meaningful for Temple Isaiah while getting tax benefits!

Your financial institution will provide the necessary form. When you do this please let <u>Edith Goody</u> know that your IRA check will be coming.

If you have questions or would like more information, please contact William Hersh at

williamhhersh@gmail.com com or 516-395-5164.

## In progress!

Keep your eye on the monthly bulletins and check your emails.

Engagements, programs, educational seminars and more are coming your way soon; from current events, book group discussions, movies, art lectures, Torah studies, Rabbi's Lunch and Learns and more, from summer to fall to winter.

Feel free to call or email me with ideas and opportunities for learning and engaging to fun that would inspire us at Temple Isaiah. We would love to hear from you.

Terry Birnbaum-Horton Program Chair 516-978-7408

### Click here to email Terry!

PROGRAMSS



## Celebrations

## & Remembrances

#### **July Birthdays**

July 5: Devon Shuriah July 9: Marilyn Kornzweig July 15: Meryl Menashe July 17: Judy Brook July 25: Denise Miller July 27: Ruth Isaac July 28: Cantor Leslie Friedlander July 28: Terry Joseph

#### July Anniversaries

July 3: Richard & Terry Joseph (50th) July 12: Jonathan Silver & Bella Bekker-Silver (25th) July 28: Allan & June Feldman

#### July Yahrzeits

July 7: Gilbert Birnbaum, Rod Birnbaum's Father (Tammuz 2) July 7: Muriel Salzman, Amy Howard's Mother July 8: Jacob Tuchinsky, Belle Gayer's Grandfather (Tammuz 9) July 8: Ruth Wagner, Jonathan Wagner's Grandmother (Tammuz 9) July 8: David Zane, Robert Zane's Brother July 9: Al Loew: Mindy Israel's Uncle July 10: Anna Eisenman: Bella Bekker-Silver's Mother (Tammuz 11) July 10: Paula Smith, Elliott Gayer's Cousin (Tammuz 11) July 11: Alec Appleman, David Aubrey's Great Uncle (Tammuz 12) July 11: Milton Tager, Lloyd Perell's Uncle July 13: Leon Beck, Meryl Menashe's Father July 13: Joseph Melman, Jean Lesser's Brother-in-Law July 14: James Munnelly, Terry Birnbaum-Horton's Stepfather-in-Law July 16: Evelyn Israel, Howard Israel's Mother (Tammuz 17) July 17: Irene Elizabeth McTiernan, Suzanne Branch's Mother-in-Law July 18: Ruth Koenig, Alice Weiner's Mother July 18: Harry Savett, Rabbi Bonnie Steinberg's Great Uncle (Tammuz 19) July 18: Edith Springer, Claude Springer's Mother July 22: Michael Bokat, Mona Bokat's Brother-in-Law July 23: Walter Gensler, Daniel Gensler's Father July 24: Kenneth Greenwald, Rachel Greenwald's Husband (Tammuz 25) July 25: Bernard Shiller, Steve Fein's Father July 29: Daisy Raynor, Linda Marshak's Mother July 30: Jonathan Aubrey, David Aubrey's Brother (Av 2)

> Share your Simchas or Memories with us. Email images to isaiahgn@yahoo.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Shabbat Services, 6:30pm	2
3	4 4 4 4 5 10 19	5	6	7	8 Shabbat Services, 6:30pm	9
1 <b>0</b>	11	12	13	14	15 Shabbat Services, 6:30pm	16
17	18	19	20	21	22 Shabbat Services, 6:30pm	23
24	25	26	27	28	29 Shabbat Services, 6:30pm	30

## **Donations from June 2022**

#### Arza Exchange

William & Carol Hersh

#### **General Donations**

In honor of Jean Lesser's Dinner Party (special thanks to Beverly Jones for her cooking and preparation) Helman & Judy Brook Terry Birnbaum-Horton In honor of Teddy Tosky, for a speedy recovery Allan & June Feldman In honor June Feldman's birthday Jean Lesser As a general donation to Temple Isaiah Lloyd Perell Martin & Alisa Secofsky In honor of Rabbi Blum for overseeing the conversion of their son, Eli Daniel Tepper & Katie Hammond-Tepper Evelyn & Richard Solow: to thank the TI family

#### <u>Yarzheits</u>

Louise Helen Ferguson, David Ferguson's Mother David & Susie Ferguson Arlene Lagman, Joan Joseph's Sister Joan Joseph Betsy Guthrie, Willa Lewis' dear Friend Willa Lewis & Edward Moulin

#### **Tree of Life**

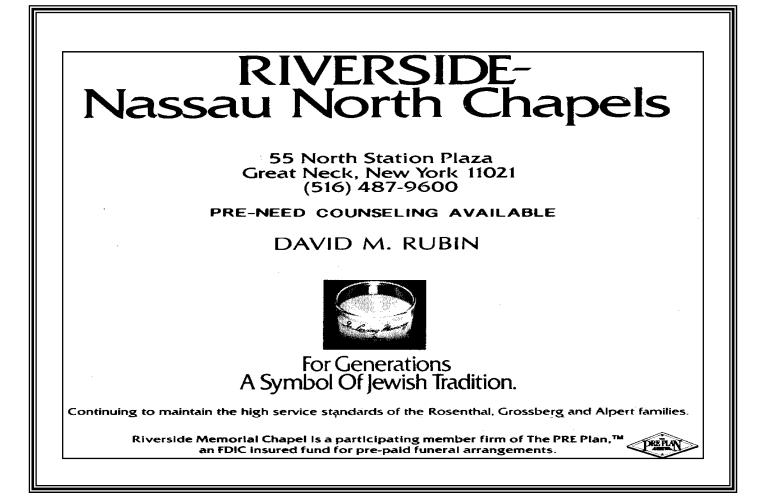
In honor of the Presidencies of Steven Warshavsky & Terry Birnbaum-Horton Helman & Judy Brook Rona Levy Meryl & Jack Menashe Lloyd Perell Martin & Alisa Secofsky Shelley Sherman

#### An error noted in the previous Bulletin:

A donation was made from June & Allan Feldman in honor of the Silver's Memorial Day BBQ Event, not an event that the Feldman's had.

Please note: Donations listed above are based on when the contribution was received by the Temple office, not necessarily when a notice of a donation was sent and billed to a congregant's account.





## **TEMPLE ISAIAH OF GREAT NECK**

1 Chelsea Place Great Neck, NY 11021

templeisaiahgn.org isaiahgn@yahoo.com Affiliated with the Union for Reform Judaism

Deadline for submissions 15th of the Month

<b>BULLETIN</b>
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President: Lloyd Perell Rabbi: Jerry Blum