

February Calendar of Events

Thurs. Feb. 2—Religious School, 4:00pm; Adult Bar/
 Bat Mitzvah Class, 6:30pm; Wisdom Literature Class
 #4

Fri. Feb. 3—Shabbat Shirah Torah Service, 8:00pm

Sat. Feb. 4—Torah Study & Service, 9:30am; Cantilla-
 tion Class, 11:00am

Mon. Feb. 6—Adult Intermediate Hebrew, 10:00am;
 Hebrew Practice & Review, 7:30pm

Tues. Feb. 7—Religious School, 4:00pm; Board Meet-
 ing, 7:30pm

Thurs. Feb. 9—Religious School, 4:00pm; “Wisdom
 Literature” Class #5, 7:30pm

Fri. Feb. 10—Shul Talk, 7:15pm; Shabbat Service
 Observing Tu B'Shevat, 8:00pm

Sat. Feb. 11—Torah Study & Service, 9:30am; Cantil-
 lation Class, 11:00am

Mon. Feb. 13—Adult Intermediate Hebrew, 10:00am;
 Lunch & Learn, 11:30am at Temple Isaiah

Tues. Feb. 14—Religious School, 4:00pm; Cast Call
 For Temple Isaiah Show, 7:30pm

Wed. Feb. 15—Donation Day at Jean Marie Patisserie
 & Bistro

Thurs. Feb. 16—Religious School, 4:00pm; Adult Bar/
 Bat Mitzvah Class, 6:30pm

Fri. Feb. 17—Shabbat Service, 8:00pm; Guest Speaker
 Jessica Mayer

Sat. Feb. 18—Torah Study & Service, 9:30am

Tues. Feb. 21—Religious School closed

Thurs. Feb. 23—Religious School closed

Fri. Feb. 24—Kabbalat Shabbat, 6:15pm

Tues. Feb. 28—Religious School, 4:00pm (early dis-
 missal)

Save The Dates

Shabbat Across America

Friday, March 2, 6:30pm
 (See Page 7 For More Information)



Goods & Services Auction

**Saturday, March
 10th**



Vacations, Theater & Sports
 Tickets, Elegant Dinners, Restaurants,
 Lessons & More

Send in your RSVP's and
receive a
Free Raffle ticket

(More on Page 7)

RABBI'S COLUMN

Finishing With No Regrets

As some of you may know, this past year Linda and I both reached the age of Medicare, that is, we attained the age of 65. Honestly, 65 is only a number; however, it was a wake-up call to the undeniable fact that life does not go on forever. Having somehow “survived” the early years of marriage and parenthood (Linda and I will be celebrating our 44th wedding anniversary, producing two wonderful children and two incredible grandchildren) while balancing careers, we have learned *some* valuable lessons along the way about how to navigate life’s ups and downs and how to achieve a successful and satisfying life. I emphasize *some* lessons, because none of us can lay claim to being perfect; perfection is in God’s domain.

A few weeks ago, I came across an article in the Tuesday Science Section of the New York Times (1/10/12) that helped to crystallize some ideas I’ve been mulling around in my mind recently. They were contained in the Personal Health column Jane Brody writes in an article entitled: “Advice From Life’s Graying Edge on Finishing With No Regrets.” Sadly, many of us feel we have learned the lessons of living a regret-free and satisfying life too late. With this in mind, Brody refers to an insightful book, by Karl Pillemer, professor of human development at the Weill Cornell Medical College, entitled: “*30 Lessons for Living*” (Hudson Street Press). It offers practical advice distilled from interviews with more than 1000 older Americans across the socio-economic spectrum. It offers the wisdom of life experiences on such topics as: Marriage, Careers, Parenting, Aging, Regrets, and Happiness.

Professor Pillemer places great value on the advice and experience of friends and relatives who have gone through, or are in the midst of, the last third of their lives – that is, the experiences of our near-contemporaries that relate more closely to our own life experiences and circumstances. Brody suggests we should form our own circle of experts in aging and ask them the following questions about their life experiences – both positive and negative – for living effectively:

1. What are some of the most important lessons you have learned over the course of your life?
2. What kind of advice might you give to others about getting and staying married?
3. What advice do you have about raising children?
4. Do you have any advice about finding fulfilling work and how to succeed in a career?
5. Many people derive important lessons from difficult or stressful experiences. If this applies to you, can you give some examples?
6. Were there turning points in your life – key events or experiences – that changed your course and sent you in a different direction?
7. What do you think you know *now* about living a happy and successful life that you didn’t know when you were 20?
8. What are the major values or principles you learned live by?
9. Have you learned any lessons about how to stay healthy?
10. What advice might you give to others about growing older?

These are some of the questions I will be asking members of our congregation to ponder and respond to over the next few months. *I invite you to send me your wisdom and advice.* You can contact me via e-mail: rebted@optonline.net, or you can send it (anonymously if you desire) to the Temple Office. One of the most important functions a temple community serves for its members is to be a trusted partner in their personal journey in life. Unlike social clubs and organizations, which are good while we are still healthy and active, temple membership is *for the long haul*. I believe Temple Isaiah needs to be central to the spiritual, social and everyday needs of our members of all ages and for all times. Over the next year, I hope to develop an on-going program that will keep all of us connected. The Prophet Joel said: “*Your old shall dream dreams, and your young shall see visions...*” (Joel 3:1). Dreams come to those with life experience and in actually having made the journey; the young can only envision what they want their life to be. All too often our youthful visions exceed our ability to make them come true, resulting in frustration and disappointment. It is for our elders to assure them that life can still be greatly satisfying and redemptive leaving us with few or no regrets in the end.

The author of the Book of Ecclesiastes, Kohelet, one of the Wisdom books of the Jewish Bible, suggests this simple formula for living a fulfilling life: “To eat well, drink moderately, engage in a daily occupation that satisfies the heart, and be in the company of a few very good friends.” I offer his simple advice to you as many among us begin the third chapter in our lives.

Rabbi Ted Tsuruoka

CANTOR'S COLUMN JEWISH MUSIC SEASON

Every year on December 1st my husband, Steve, begins counting the "100 yuckiest days of the year." I don't know why he started this, but it's a little like watching a pot of water boil. We all have to admit, including those who are winter sports enthusiasts, that those 100 days are damp, cold, dark, uncomfortable and gray. Although I appreciate the variety of the four seasons, I spend most of these 100 days looking forward to the next 100 days.



However, in the middle of this dark period of the year there is a celebration that reminds us that flowing water and singing birds are just around the corner. At the end of the second week in the Hebrew month of *Shevat* we read Torah portion *Beshallah*, otherwise known as *Shabbat Shirah*, the Sabbath of Song. In this portion we find the oldest song in Jewish history, the song of national victory and celebration upon the miracle of crossing the Sea of Reeds. Moses led the men and his sister, Miriam, led the women in what is identified in our literature as the *Shirah*, or *Shirat Hayam*, The Song of the Sea.

The intense imagery and powerful, poetic fire of the *Shirah* (Ex. 15:1-18) set this apart from most other texts in the Torah. We can actually hear and indeed we feel the thankfulness and joy in the expression of the Israelites at this time of redemption. In fact, in some congregations, a section of the *Shirah* is sung in daily morning and festival services as a steady reminder of God's unceasing faithfulness.

One might think it odd that words without music could be called a song. It is certainly poetry and the strength and power of the words carry the expression farther than mere speech. In fact, historians agree that the Israelites were moved to dance as they sang the *Shirah*, partly because the words of these verses are simply too thrilling to have done anything but moved the people to sing and dance.

The events described in the *Shirah* are a turning point in the story of the Israelites and the outcome sealed their unfailing trust in God's love for them.

Shabbat Shirah also marks an important observance in the life of Jewish music for congregations in North America. On this date we begin the observance of Jewish Music Season, which continues until Passover. In other words, we celebrate the importance of The Song with the beginning of the celebration of our song.

Jewish Music Season offers congregations an opportunity to take a full, broad look at our musical heritage and celebrate the wonderful expression that constitutes our music history. Some congregations dedicate one special Sabbath to the observance, while others devote several weeks to the hearing of rarely heard musical gems. Still others celebrate by commissioning new musical works for their worship services.

Throughout our thousands of years of existence, music has expressed what words alone cannot. And just as historians caution that we must understand the past in order to understand the present, so too it is with music as a storyteller and a "historyteller." We must allow all our music to be heard in order to know and understand our full story. Indeed, music often teaches us to be better listeners.

Cantor Leslie Friedlander

Rabbi's Classes in February and March

Wisdom Literature in the Bible:

Thursday 2/2 & 2/9 at 7:30 PM.

Beginning in March – Pirke Avot (Chapters of the Fathers):

Thursday 3/8, 15, 22, & 29; 4/5 & 12

THE PRESIDENT'S MESSAGE

Drop the Shovel—Pick Up the Prayerbook



This month we had the first significant snow of the season, temperatures dropped and we all went into fear mode. But an interesting thing happened in preparation for the "white stuff" - temple attendance was very high.

I don't know if people came to pray the storm would pass us by, or that divine intervention would lessen the mess, but Temple Isaiah was filled with song and sermon. Afterwards we celebrated an 80th birthday at the Oneg, and everyone got home safely.

Please join us every Friday and the last Saturday of the month and see what you've been missing. The Temple has many activities coming up as we approach Spring: Adult Ed programs, Shabbat Across America on March 2nd, the annual Goods & Services Auction (March 10th), classes taught by the Rabbi, the Gala Dinner/Journal in May and surprises throughout the year.

Like the credit card company says, "membership has its privileges". Please take advantage of yours.

Martin Secofsky

Bequests to Temple Isaiah

It's both impressive and heartwarming—leaving a legacy to our temple for your favorite program or general funding.

You can begin by writing out this sentence directing your attorney to modify your will:

"I hereby give, devise, and bequeath _____ (a dollar amount, or all or a percentage of the rest, residue, and remainder of my estate) to Temple Isaiah of Great Neck, now or formerly in the Village of Great Neck Plaza, 1 Chelsea Place, in the State of New York, for its general purposes."

[Our federal tax ID number is 11-2202208]

For further information, contact the office—we'll be happy to help.



February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Religious School, 4:00pm; Adult Bar/Bat Mitzvah Class, 6:30pm; Wisdom Literature Class #4, 7:30pm	3 Shabbat Shirah Torah Service, 8:00pm	4 Torah Study & Service, 9:30am Cantillation class, 11:00am
5	6 Adult Intermediate Hebrew, 10:00am; Hebrew Practice & Review, 7:30pm	7 Religious School, 4:00pm Board Meeting, 7:30pm	8 Tu B'Shevat	9 Religious School, 4:00pm Wisdom Literature Class #5, 7:30pm	10 Shul Talk, 7:15pm; Shabbat Service, 8:00pm; Tu B'Shevat observed	11 Torah Study & Service, 9:30am Cantillation class, 11:00am
12	13 Adult Intermediate Hebrew, 10:00am <i>Lunch & Learn, 11:30am at Temple Isaiah</i>	14 Religious School, 4:00pm Cast Call, 7:30pm	15 Donation Day At Jean Marie Patisserie & Bistro - (see page 6)	16 Religious School, 4:00pm; Adult Bar/Bat Mitzvah Class, 6:30pm	17 Shabbat Service, 8:00pm; Guest Speaker Jessica Mayer	18 Torah Study & Service, 9:30am
19	20 President's Day	21 Religious School Closed	22	23 Religious School Closed	24 Kabbalat Shabbat, 6:15pm	25
26	27	28 Religious School, 4:00pm (Early Dis- missal)	29		March 2 Shabbat Across America Dinner and Service	



Jean Marie
Patisserie & Bistro
www.jmpb66.com

66 Middle Neck Road
Great Neck, NY 11021
p. 516 . 304 . 5439
f. 516 . 304 . 5440

Wednesday, February 15

***Donation Day at
Jean Marie Patisserie &
Bistro***

66 Middleneck Road, Great Neck

**Dine at Jean Marie Patisserie & Bistro
For Lunch or Dinner and Temple Isaiah will receive 25% of
your check!**

Come enjoy the delicious full menu at this popular restaurant.

***Please note: You MUST tell them that you are from
Temple Isaiah And you MUST pay in cash.***

**Guest Speaker at Friday Services February 17
Jessica Mayer on "Jessica's Recipe for Lemonade"**

Our own Jessica Mayer, recognized speaker on disability issues, will take us on a journey through her life: how she has transformed barriers and obstacles that she's encountered and turned them into successes and opportunities that made her life better.

Cast Call for "My Fair Sadie"



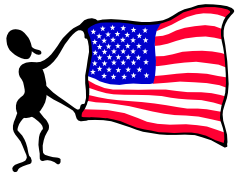
On June 23rd and 24th the Temple Isaiah "Seat of Our Pants Theatre Company" will take to the stage once again to present "My Fair Sadie", another wonderful show written, produced and directed by Linda Tsuruoka.

We will need a number of people, and if you would rather not be on stage there's plenty to do offstage and backstage. Call Linda at 791-6689 and join the wonderful merry group.

The cast call is scheduled for February 14, 2012 at 7:30.

Friday, March 2, 2011

Join tens of thousands of Jews across America as we come together to eat, drink, relax, enjoy, debate and celebrate at the Annual



Shabbat Across America

***Bring the family - bring your friends to a
Kosher delicious dinner at 6:30PM
followed by Shabbat Service at 8:00pm***

(A Program of National Jewish Outreach)

**Adults: \$20 Children under 13: Free
RSVP REQUIRED by February 24—487-5373**



Goods & Services Auction Saturday, March 10th

**Vacations, Theater & Sports Tickets,
Elegant Dinners, Restaurants, Lessons & More**

For auction items you may wish to bid on with friends, such as vacations, date information will be provided before the auction.

**Please come, bring friends,
and *donate* to the event!**

**Call Meg Grass at 516-887-7142
or Lloyd Perell at 516-466-3546**

**Join us for a Reception (7:30pm) before the bidding begins
Shop for New & "Pre-owned" Treasures - Sample Our Tasty Desserts**

Send in your RSVP's and Receive a Free Raffle Ticket

Religious School News

The students of our religious school have spent time learning about Tu B'Shevat, the New Years for Trees, which falls on February 8th this year. While the original significance of the holiday has been lost since the destruction of the Temple in Jerusalem, Tu B'Shevat has come to signify Israel's Arbor Day. It is celebrated by planting trees in Israel and in eating produce that grows in Israel, in particular the seven species mentioned in Devarim 8:8 – Wheat, Barley, Grapes, Figs, Pomegranates, Olives and Dates.

As mentioned last month, the school raised \$240 dollars from a bake-sale for American Friends of Meir Panim, a service agency in Israel that provides food to poor children and adults. In return, Meir Panim sent us a beautiful plaque thanking us for the gift. It's hanging outside the School Office and I urge you to take a look at it. It's a wonderful example of what even a few students can do to help make the world a better place. Kol hakavod to our students and their teacher Moreh Avraham!

Rabbi Ted Tsuruoka

Tu B'Shevat: New Years for Trees



טו בשבט

The Jewish calendar, unlike the secular calendar, recognizes *four* new years: Rosh Hashanah (1Tishri) – the anniversary of the creation of the world; Tu B'Shevat (15 Shevat) – the new years for trees; 1 Nissan – the new years for animals; and 1 Elul – the new years for kings. Since the destruction of the Temple and the end of the system of monarchy in Israel, only Rosh Hashanah and Tu B'Shevat have continued to be observed around the world. We celebrate Tu B'Shevat when most of the winter rains have passed in Israel and the sap is beginning to flow in the trees. It is the time of the rebirth of nature in our homeland of Israel and has come to represent a time to rejoice in the beauty of everything God has created. Tu B'Shevat, which begins at sundown of February 8th this year, is celebrated in a number of ways. There is a special seder, patterned after the Pesach Seder, which incorporates mystical elements from the Kabbalah. Perhaps even more significantly, Tu B'Shevat is celebrated as Arbor Day in Israel. Accordingly, trees are planted on this day as well and special attention is paid to eating the produce of Israel. It says in Devarim 8: 7 -10 about Israel: "... a land of wheat, and barley, and vines, and fig trees, and pomegranates, a land of olive oil, and honey...a land in which you will eat bread without scarceness..."

Please join us on Friday, February 10th, when we will conduct a service observing Tu B'Shevat.

General Donations

In Loving Memory Of:

Benjamin Alpert, Father of Irving Alpert
Beatrice & Irving Alpert
Grace Fogel-Jonat, Mother of Steven Fogel
Kathie & Richard Davis
Sheila & Victor DeFazio
June & Allan Feldman
Mindy & Howard Israel
Terry & Richard Joseph
Ruth Mandelbaum
Denise Miller & Steve Fein
Bernard Rosenberg
Alisa & Martin Secofsky
Shelley Sherman
Fred Feuerberg, Father of Linda Burghardt
Kathie & Richard Davis
Sheila & Victor DeFazio
June & Allan Feldman
Mindy & Howard Israel
Terry & Richard Joseph
Rona Levy
Willia Lewis & Edward Moulin
Ruth Mandelbaum
Denise Miller & Steve Fein
Bernard Rosenberg
Alisa & Martin Secofsky
Shelley Sherman
Bella Bekker-Silver & Jonathan Silver
Morris Kerner, Father of Everett Kerner
Joel Dick & Everett Kerner
Lawrence Greenstein, Husband of Helene Dorfman
Helene Dorfman
Claire Roth, Sister of Frances Falon
Frances Falon
Leo Irving, Father of Lisa Irving
Alvin Graham
David Malina, Father of Diana Kerievsky
Diana & Bruce Kerievsky
Bertha Grozinger, Aunt of Harold Klein
Lena Altman Klein, Mother of Harold Klein
Rhoda Childs, Sister of Harold Klein
Ruthe & Harold Klein
Mildred Levinson, Mother of Lee Levinson
Amy & Lee Levinson
Addy Dorsky, Sister of Irene Lichtenstein
Irene Lichtenstein
Charles Miller, Grandfather of Denise Miller
Fred Fein, Father of Steve Fein
The Mother of Karen Friedman
Denise Miller & Steve Fein
William Rosenberg, Grandfather of William Rosenberg
William Rosenberg
Nuhim Causanschi, Brother of Golda Shapiro
Golda Shapiro
Betty Bashkin, Mother of Arlene Soifer
Louis Bashkin, Father of Arlene Soifer
Arlene & Hank Soifer
Sophie Kristal, Mother of Evelyn Solow
Evelyn & Richard Solow
Leonard Tosky, Father of Eric Tosky
Sandia & Eric Tosky
William Zimberg, Father of Shelley Willcox
Shelley & Robert Willcox

21st Century Fund:

In Honor of A Home of Our Own
Shelley Sherman

Rabbi's Chanukah Appeal:

Betty & Leonard Pollack
Claude Springer

In Honor of:

The Hospitality of Bella Bekker-Silver & Jonathan Silver
The Kindness of Richard Joseph
June & Allan Feldman
The Kindness of Ruth Isaac
Alvin Graham
Her Wonderful Mother Ruth Mandelbaum
Rose Mandelbaum
The Bat Mitzvah of Her Granddaughter Anna Neumann
Jacqueline Neumann
Temple Isaiah
Nancy Schreiber

Rabbi's Discretionary Fund:

In Honor of Rabbi Tsuruoka
Jean & Jean Lesser
In Memory of Grace Fogel-Jonat
Steven Fogel

**Please Remember
The Temple Isaiah
Tree of Life
To Commemorate
The Joyous Occasions
in Your Life**



UJA-Federation of New York's

connect.to.care

The Jewish community at work for you



UJA-Federation of New York's

Partners in Caring

**“Letting Go” of Things That are Beyond Our Control
Temple Tikvah, New Hyde Park, NY
Tuesday, February 28, 2012
10:00am—11:30am**

Conducting a job search can be frustrating, and at times we may feel “out of control”. There’s more time for our minds to wander and think about what happened and what might happen. We may not be able to control what’s going on around us, but we can control how we cope and respond during uncertain times.

Led by Audrey Dinstell, LCSW, and Margy Ringelheim, LMSW, this workshop will help you develop your sense of personal control and practice positive thinking.

**To register for this free workshop contact
Audrey Dinstell
Connect-to-Care
adinstell@sjjcc.org**



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The Power of the Prudential Douglas Elliman resources that I can bring to any of your real estate needs:

- Affiliate of Prudential Real Estate with 2200 offices nation wide plus international locations to accommodate relocations or vacations homes
- Ranked among the top 5 Residential Companies in the nation
- The highest average selling price of any major Real Estate Network in the U.S.
- The power of the web at WWW.PrudentialElliman.com to automatically feed your listing to sites like: NY-Times.com, Newsday.com, Yahoo.com, NYPost.com, OptimumHomes.com and more

Call me with any questions or to schedule an appointment.

Refer me to your friends and neighbors and I will donate 10% of my commission to the
 Temple Isaiah 21st Century Fund

Bella Bekker-Silver

Licensed Realtor

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Great Neck, NY 11021

www.templeisaiiahgn.org

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Deadline for submissions—10th of the Month

On-Line Edition

BULLETIN

President: Martin Secofsky
Rabbi: Theodore Tsuruoka
Cantor: Leslie Friedlander
Production: Cathy Reibstein
Photos: Sheila DeFazio

RIVERSIDE- Nassau North Chapels

55 North Station Plaza
 Great Neck, New York 11021
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