

July Calendar of Events

Tue. July 2—Board Meeting, 7:30pm

Fri. July 5—Shabbat Service led by Cantor Al Barouch, 7:30pm

Wed. July 10—Watercolor Class, 7:30pm

Thurs. July 11— “Think Yiddish—Act British” Film #1, 7:30pm

Fri. July 12—Shabbat Service led by Steve Fein, 7:30pm

Thurs. July 18— “Think Yiddish—Act British” Film #2, 7:30pm

Fri. July 19—“Fabulous Finds” Bazaar Opens at 10am;
 Shabbat Service led by Eric Tosky, 7:30pm

Sun. July 21— “Fabulous Finds” Bazaar, 10am to 4pm

Mon. July 22— “Fabulous Finds” Bazaar, 10am to 3pm;
 “Concerto” Class #1, 7:30pm

Wed. July 24—Watercolor Class, 7:30pm

Fri. July 26—Shabbat Service led by Judy Snow and
 Scott Schleifstein, 7:30pm

Mon. July 29— “Concerto” Class #2, 7:30pm

REMINDER:
Our New Fiscal Year
Has Begun as of June 1st.

Please send in your
Membership Papers for
2013-2014 and consider signing up
for one of our committees.

Remember, Temple Isaiah
Depends On Our
Congregants to Maintain Our Very
Special Shul

Membership Sign-Up Form on
Page 8

Summer Services

Our Summer Service
 schedule begins
 on Friday, July 5th.

Please remember that
 Shabbat Services for
 July and August begin at
7:30 pm.



Our July Leaders will be:

July 5: Cantor Emeritus
 Albert Barouch

July 12 Steve Fein

July 19: Eric Tosky

July 26 : Judy Snow &
 Scott Schleifstein

RABBI'S COLUMN

Summer Time, Summer Reading



Summer time is upon us, and as the song goes, “the living is easy.” This is the time of year to slow down a bit and enjoy even the little things, like lingering over breakfast with Linda and the Times and an extra cup of coffee. One of the things I love most during the summer is to catch up on reading. I thought I’d share with you some of books I’m planning to read over the next few months. My selection is a combination of study, preparation and entertainment. I think it’s safe to say that most rabbis spend a lot of time studying biblical and religious texts and that continues over the summer. Summertime is also time to read books in preparation for some the classes I’ll be teaching, for ideas for sermons, and just plain fun. So here’s my list:

“The Bible As It Was,” by James L. Kugel, 1997. This is not a new book, having been published over 16 years ago. It was one of the first popular books that revealed the hidden meaning and stories behind the classic Biblical text. Much of how we understand the stories in the Torah is filtered through the men who redacted the old texts, adding their interpretations in the language of their time. Kugel shows how different the ancient stories were really mean to be understood.

“The Jewish Annotated New Testament,” edited by Amy-Jill Levine and Marc Zvi Brettler, 2010. The Christian Bible consists of what is commonly called the “Old Testament,” and the “New Testament.” In Jewish parlance, the “New Testament” refers to the Christian Bible, whereas the “Old Testament” is what we call the Hebrew Bible (the Tanakh). This book looks at the Christian Bible from a Jewish perspective. Inasmuch as Jesus was a Jew, his ministry preceded from a Jewish standpoint. Looking at his words through the writers of the Gospels, it is revealing how much of classical Judaism is reflected as well as the times during which Jesus lived which was during the Roman occupation of Jerusalem.

“A History of Future Cities,” by Daniel Brook, 2013. It’s intriguing to have the words History and Future juxtaposed as it is in Daniel Brook’s title. His parents, by the way, are Temple members Judy and Helman Brook. His book describes the origin and development of three major cities of renown: St Petersburg, Shanghai and Mumbai, comparing them with the emergence of Dubai as the city of the future. In the early chapters of the Torah, we learn about the Tower of Babel, where the ancients attempted to build a tower to reach God’s world. In many ways, the four cities that Brook discusses attempted to do just that. Shanghai is of particular interest, because of the Jewish connection from Shanghai’s early years after the Western entry.

“The Avengers – A Jewish War Story,” by Rich Cohen, 2000. This book is based on a true story of World War II. It begins in the Lithuanian ghetto in Vilna, where a small band of underground Jews fight with unending cunning and courage. It is a side of the war not often seen – Jews fighting the Nazis on their own terms. It is the story of three remarkable people able to call themselves comrades, lovers and friends. Their actions eventually lead them down a winding path to Palestine where the struggle for independence continues.



“The Frozen Rabbi,” by Steve Stern, 2010. This is a novel that recounts how a 19th Century rabbi from a small Polish town ended up in a basement freezer in a suburban Memphis home at the end of the 20th Century. It is a story of what happens when an impressionable teenage boy inadvertently thaws out the ancient man and brings him back to life!

That’s my list. It is a well known distinction and a source of pride that Jews are called the “People of the book.” Somehow, we can’t keep from reading and studying. It is my wish that you take the summer months to pick up a book and enjoy. It need not be of Jewish content, although I hope at least one book you might read speaks about Jewish history, concepts or values. Read a book, expand your horizons, but mostly: Enjoy!

Rabbi Ted Tsuruoka

CANTOR'S COLUMN

More Reasons to Sing

In the past I've joked that singing is really a form of primal scream therapy, but lately I've given it some thought and a little research and I have concluded that it is no joke – singing may well be able to improve our immune system and at the very least improve our physical well-being.



We have all listened to an infant soothing him or herself by humming, and some children even sing themselves to sleep – their own personal lullaby. I can remember, as a child, long-distance car trips when my sisters and I sat in the back seat singing to ourselves all at the same time, each with a different improvised song. I don't think we were entertaining ourselves, I believe the sheer physical sense of singing was simply enjoyable. No one complained (at least we weren't fighting).

If singing is an innate, visceral activity, and present in every human culture, there must be something scientifically - or at least measurably - beneficial about it. Sure enough, there have been recent studies proving that when we sing there are higher levels of IgA, an immunoglobulin present in our saliva that helps fight off infection. Levels can be 150 – 240% higher when we sing. In fact, according to a University of California study, the more passionate one feels when one sings, the higher the level of IgA. Another study showed that when people listened to a recording of themselves singing there was no increase in the level of IgA, so it is the actual singing itself that is beneficial.

Studies have also shown that singing reduces tension. According to voice physiology researcher Anny Eastwood, when we sing we rhythmically vibrate our bodies and the more whole-heartedly we sing, the deeper the level of vibration. By singing we can literally vibrate our bodies back into resonance, much like a body of a guitar receives and projects the sound of its strings being plucked or strummed. If we are singing freely the act of singing actually releases tension from muscles. Eastwood further contends that if we are singing passionately, individual's singing can permeate "the boundaries of skin and muscles to reach into the bones of others. As the song grows stronger, our voices naturally move toward harmony all on their own. We are literally resonating together bone to bone. The experience 'takes us' and we feel uplifted."

So perhaps it is not so far-fetched to say that singing with others – particularly in a choir - can actually enhance our respiratory and immune systems, improve our emotional well-being and help us connect as a community by uplifting one another.

And so I invite every Temple Isaiah congregant to join our High Holy Day choir and experience the beneficial and healthful effects of group singing. You do not need to know how to read music or Hebrew to sing with us – I will teach you everything you need to know. And in addition to the benefits you will derive from singing, you will receive an assigned seat on the bima close to "the action" and the great satisfaction that you are contributing in an important and necessary way to the spiritual life of our congregation.

Friday	August 2	6:00
Wednesday	August 21	7:00
Tuesday	August 27	7:00
Wednesday	August 28	7:00
Saturday	August 31	6:00
Tuesday	September 10	7:00

Please speak with me or send me an e-mail* if you have questions, if you need a little nudge in the right direction or would consider joining the choir if you were given extra help beyond the scheduled rehearsals. And I will see you on August 2!

Cantor Leslie Friedlander
*CanCant4U@aol.com

MESSAGE FROM THE CO-PRESIDENTS

Hearing Woody's Words



**"This land is your land. This land is my land
From California to the New York island;
From the redwood forest to the Gulf Stream waters
This land was made for you and me"**



After spending an evening honoring the tradition of Woody Guthrie, the lyrics of "This Land" continue to resonate. Guthrie's most famous song is a virtual national anthem celebrating the physical beauty of our country. On closer reading, however, the words are a statement about who "owns" the United States. "This land" does not "belong" to the elite or those who own the property - at least, not just to them. The later verses of the song make clear that, when Woody Guthrie proclaims that the country "was made for you and me," he was saying that we are all important parts of the democratic process.

During this season of patriotic holidays, it is a good time to reflect on the radical idea behind our nation's founding: that all people are created equal and that is the source of the government's power. As Temple Isaiah Co-Presidents, we have developed a deeper appreciation for the meaning of those words, which can so easily be taken for granted. Good citizens do not sit back and let others vote for them; they go out and express themselves at the ballot box; even better, they express their views to others and become part of the process.

The very same can be said for the Temple Isaiah family, even those who are not officially "members" but continue to support us. If you fall in the category of "this Temple", then "Uncle Isaiah" needs your participation, whether it is by attending services, courses or events; giving money or volunteering; or contributing your vision. There is no all-powerful group that controls or owns the organization, just us. "This Temple" trusts you to determine the size of your membership share without review by others; that was the radical idea of our Temple's Founding Fathers and Mothers; it is one we continue to view as an important feature defining us. In return, we ask only that congregants and friends of the Temple give all they can in order to help fulfill the potential of The Little Temple that Could. So let your voice be heard. After all, this congregation was made for "you and me."

Gail Gordon & Terry Joseph

***Summer Watercolor
Classes are Back!***



**Wednesday Evenings:
July 10 and July 24 at 7:30pm
\$40 per session,
\$130 for four sessions**

CHECK OUT TALENTED INTERNATIONALLY KNOWN WATERCOLORIST KIM ENG YEO AT HER WEBSITE:

www.kimengyeo.com

WANT TO TRY A COMPLIMENTARY FIRST LESSON?

CALL SUZANNE BRANCH FOR DETAILS AND TO SIGN UP—516-482-2554

July 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Board Meeting 7:30pm	3	4	5 Shabbat Service, 7:30pm Led by Cantor Al Barouch	6
7	8	9	10 Watercolor Class, 7:30pm	11 David Aubrey Film Series, #1 7:30pm	12 Shabbat Service, 7:30pm Led by Steve Fein	13
14	15	16	17	18 David Aubrey Film Series, #2 7:30pm	19 “Fabulous Finds” 10am-4:30pm Shabbat Service, 7:30pm Led by Eric Tosky	20
21 “Fabulous Finds” Bazaar 10:00am to 4:00pm	22 “Fabulous Finds” Bazaar 10am—3pm Sina Kiai “Concerto” Class, 7:30pm	23	24 Watercolor Class, 7:30pm	25	26 Shabbat Service, 7:30pm Led by Judy Snow & Scott Schleifstein	27
28	29 Sina Kiai “Concerto” Class, 7:30pm	30	31			

"Fabulous Finds" Summer Bazaar



Baked Goods Books
Collectibles Designer Scarves
Jewelry Mezzuzahs
Clothing
China & Glassware Artworks
Toys & Games
"Terry's Treasures"
New & Gently Used Gift Items



Friday, July 19—10am to 4:30pm
Sunday, July 21—10am to 4pm
Monday, July 22—10am to 3pm

Call Terry Joseph to donate or volunteer (516-466-2971)



Temple Isaiah Summer Film Festival "Think Yiddish—Act British"

Join our resident film expert David Aubrey for a series of
British films involving Jews and/or Jewish themes.

You'll laugh, you'll cry, you'll learn!
(And you'll have fun....)

\$10 charge per person includes film, refreshments, and lively discussion. (\$40/series)

Thursday Evenings at 7:30
July 11, July 18
August 8, August 15

RSVP 516-487-5373

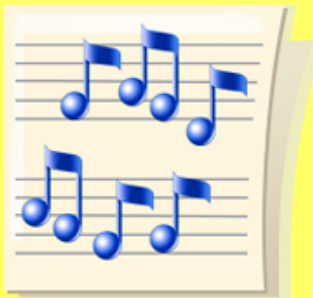
ARZA News: Rabbi Miri Gold, Poster Girl

Miri Gold is the Rabbi of the Reform Congregation of Kibbutz Gezer in central Israel. As far as the Jewish State was concerned, Rabbi Gold wasn't a Rabbi. She was disqualified on two counts: she wasn't Orthodox, and certainly wasn't a male. Furthermore, her Orthodox colleagues who serve other congregations in the area received their salaries from the Gezer Regional Council. Rabbi Gold didn't qualify for this funding.

She was the perfect poster girl for our ARZA-sponsored Israel Religious Action Center, which petitioned the Israel Supreme Court on her behalf. The court's decision? Non-Orthodox Rabbis like Miri Gold are entitled to receive state funding, and be referred to as a "Rabbi of a non-Orthodox community." This is the first time that the Israeli government will be using the term "Rabbi" in reference to a female religious leader. The fight for religious pluralism isn't over yet, but we're on the way. All of which is a reminder to please include \$36 for ARZA membership when you pay your Temple dues.



“The Concerto” New Classes with Sina Kiai Mondays—7/22, 7/29 and 8/5



The concerto is a dynamic form of classical music usually featuring a solo instrument and orchestra. Through its almost four-century history the form changed as musical styles and tastes changed, producing much music that is now standard repertory. This short course will look at masterpieces of this exciting genre.

Time 7:30 PM - 9 PM

Donation \$15 per class or \$40 for the entire series.

Call the Temple office for reservations or more information....516 487-5373

TEMPLE ISAIAH OF GREAT NECK

1 Chelsea Place, Great Neck, N.Y. 11021

Membership Dues Form: June 1, 2013–May 31, 2014

Our Membership Dues policy is deeply rooted in the founding principles of our congregation which reflects an individual's financial responsibility to support the temple. *It is considered the moral obligation of members to pay dues to the Temple to the fullest extent of their ability.* Each member unit is routinely expected to pay as a minimum the full Sustaining Member amount. If, however, financial circumstances prevent this, your good-faith personal assessment will determine your dues obligation.

Please select from one of our membership categories below

- _____ 35 years old and under Sustaining Member \$ 995
- _____ Sustaining Member \$ 2,300
- _____ Mitzvah Member \$ 3,000
- _____ Rabbi's Circle \$ 4,000
- _____ Torah Member \$ 5,000
- _____ I am unable to pay my Sustaining Member dues this year.
I/we will pay \$ _____ plus \$50 for URJ dues for a total of \$ _____

Note: All membership categories are for each family unit.

_____ Voluntary ARZA dues: I would like to support ARZA and have enclosed \$36

NAME

SIGNATURE

Payment Options: (Please note new option – Online Banking)

Check One	Plan	Method (Circle One)	Billing
	Full payment enclosed	Check or Credit card**	Make check payable to Temple Isaiah of Great Neck
	Automatic Online Banking Payment	As scheduled	Monthly/quarterly/semi-annually scheduled with bank
	1/2 Enclosed	Check or Credit card**	Second half due on December 1, 2013
	1/3 Enclosed	Check or Credit card**	Subsequent thirds due on October 1, 2013 and February 1, 2014
	Monthly	Credit card payments or Online Banking only**	10 Automatic payments billed on the first of each month, June through March (Your first payment must include any prior months from June through the date of payment)

****Credit card information must be provided below if you are not paying in full. All follow-up payments will be automatically charged to your credit card on the payment due date. All Credit Card payments will include a 3% surcharge**

Credit Card Billing – Card Number	Credit Card Type: Visa/MasterCard/American Express
	Expiration Date:

Name: _____ Date: _____

I authorize Temple Isaiah to charge my credit card for the above dues amount.

General Donations

In Loving Memory Of:

Leonard Mass, Brother of Thelma Benjamin
Thelma Benjamin
Esther Epstein, Mother of Michael Epstein
Rhoda & Michael Epstein
Benjamin Falon, Husband of Frances Falon
Frances Falon
Louise Helen Ferguson, Mother of David Ferguson
David Ferguson
Rose Haber, Aunt of Clare & Michael Haber
Clare & Michael Haber
Evelyn Israel, Mother of Howard Israel
Al Loew, Uncle of Minday Israel
Mindy & Howard Israel
Steven Krane, Brother of Margery Kashman
Margery & David Kashman
Helen Hansman Zucker, Mother of Phyllis Singer
Phyllis Singer
Esther Solow, Mother of Richard Solow
Stanley Kristal, Brother of Evelyn Solow
Evelyn & Richard Solow
Pearl Tosky, Mother of Eric Tosky
Lynn & Gary Leventhal
Aaron Tosky
Ann & George Tosky
Connie & Bud Tosky

In Honor of:

The Birth of Harper Sage Elias, Granddaughter
Of Terry & Richard Joseph
Suzanne Branch & Gary McTiernan
Meg & Steve Grass
The Birth of Ella Claire, Granddaughter of Rona
Levy
Suzanne Branch & Gary McTiernan
The Speedy Recovery of Susan Bendor
Kathie & Richard Davis
Sheila & Victor DeFazio
June & Allan Feldman
Gail & Robert Gordon
Mindy & Howard Israel
Terry & Richard Joseph
Ruth Mandelbaum
Denise Miller & Steve Fein
Alisa & Martin Secofsky
Shelley Sherman
The Generosity of Susan Bendor
Kathie Davis
Bea Aubrey's Hard Work on the Journal
Kathie Davis' Hard Work for the Dinner Dance
Mindy & Howard Israel
The Speedy Recovery of Shelley Sherman
Kathie & Richard Davis
Sheila & Victor DeFazio
June & Allan Feldman
Gail & Robert Gordon
Mindy & Howard Israel
Terry & Richard Joseph
Ruth Mandelbaum
Denise Miller & Steve Fein
Alisa & Martin Secofsky
The Marriage of Aaron Israel & Sawa Okochi,
Son and Daughter-in-Law of Mindy & Howard
Israel
Meg & Steve Grass

In Honor of (Cont'd):

Congratulations to Temple Isaiah's Past
Presidents
Naomi & Norman Goldfarb
The New Home of Arlene & Hank Soifer
Kathie & Richard Davis
Sheila & Victor DeFazio
June & Allan Feldman
Gail & Robert Gordon
Mindy & Howard Israel
Terry & Richard Joseph
Ruth Mandelbaum
Denise Miller & Steve Fein
Alisa & Martin Secofsky
Shelley Sherman
The Speedy Recovery of John Lesser
Kathie & Richard Davis
Sheila & Victor DeFazio
June & Allan Feldman
Gail & Robert Gordon
Mindy & Howard Israel
Terry & Richard Joseph
Ruth Mandelbaum
Denise Miller & Steve Fein
Alisa & Martin Secofsky
Shelley Sherman
The Speedy Recovery of Linda Tsuruoka
Kathie & Richard Davis
Sheila & Victor DeFazio
June & Allan Feldman
Gail & Robert Gordon
Mindy & Howard Israel
Terry & Richard Joseph
Ruth Mandelbaum
Denise Miller & Steve Fein
Alisa & Martin Secofsky
Shelley Sherman

Tzedakah Fund:

Micki Victor

ARZA Membership:

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Frances Falon
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Mindy & Howard Israel
Margery & David Kashman
Ruth Mandelbaum
Bernard Rosenberg
William Rosenberg
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21st Century Fund:

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Rabbi's Discretionary Fund:

In Memory of Leo Parmer
Miriam Parmer

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TEMPLE ISAIAH OF GREAT NECK

1 Chelsea Place

Great Neck, NY 11021

www.templeisaiahgn.org

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***Deadline for submissions
10th of the Month***

BULLETIN

Co-Presidents: Gail Gordon & Terry Joseph

Rabbi: Theodore Tsuruoka

Cantor: Leslie Friedlander

Production: Cathy Reibstein

Photos: Sheila DeFazio



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